



ALLEGRO COMPETITIVE COMPANIES

Competitive Team Focus

The Competitive Company is a team that focuses on the competitive aspect of dance. They exhibit a high level of dance training and skills.

Performances

The Competitive Company will compete at four local dance competitions as well as attend 1-2 dance conventions in February, March, April, and May.

Attendance

Dancers are not allowed to miss more than 3 weekly rehearsals for the entire season. We will have a mandatory dress rehearsal at the end of January or beginning of February depending on our competition schedule. (We will set this rehearsal as well as our competition schedule as soon as possible). Please note since our season coincides with Jr. High activities (plays, trips, etc.) as well as HS activities (cheer, trips, etc.), CC is a commitment and when you are part of the team you are committing to all competitions and rehearsals.

Requirements

To be on the Competitive Company, you must be 8 years-old (by Sep 1st, 2024) and a member of the Performance Company, and enrolled in a minimum of **6 hours of dance per week** in the following classes:

Required Classes:

1. Ballet (Performance Class)
2. Ballet Technique
3. Jazz
4. Contemporary or Modern
5. Competitive Company (CC)
6. Performance Company (PC)
(Required if not in HS)

Elective Classes:

1. Ballet Technique
2. Pointe
3. Jumps/Turns/Leaps
4. Stretching/Strengthening
5. Contemporary
6. Tap
7. Hip Hop
8. Aerial
9. Acro

Summer Class Requirements

All Competitive Team members must take a minimum of 2 classes over the summer which include: Ballet Technique, Contemporary, Hip-Hop, Tap, Aerial, Acro, Dance Camp, or the Ballet Intensive.

Rehearsals

Rehearsals will be held one day a week at Allegro Dance Studio starting in Sep-Jun. We will have a three-day workshop **August 28-30** (times TBA) that is mandatory that you attend.

Auditions

The Competitive Team selections are made through an audition process. All dancers will learn a dance combination in which they will perform in front of a panel of judges. (See attached criteria) Upon completion of this process a list will be posted on our website announcing the Competitive Companies.

Saturday, June 1 – Studio C (Age before Sep 1, 2024)

11:00-12:00 **Competitive Company Auditions (Ages 8-12)**
12:00-1:00 Performance Company Auditions (Ages 8-13)
1:00-2:00 **Competitive Company Auditions (Ages 13-18)**

Audition Choreography will be available starting May 1st. Please email Joanie at Joanie@allegrodancer.com to get the link for the audition dance.

Solo/Duo/Trio

If you are interested in doing a Solo/Duo/Trio, you must request your coach/instructor by July 1st. Contract/payment agreements must be signed by August 1st.

Costs

Rehearsal Fees:

The rehearsal fee for all Competitive members is **\$265/month (max class tuition)**. These fees cover the required 6 hours /week plus any additional classes you wish to take. Tuition is figured for 10 months starting Sep-Jun.

Mini & Junior Companies:

\$250 Administration Fee

\$100 Costume Fee - 1 costume

\$300 Competition Entrance Fee - **4 competition entry fees for one number**

Total: \$650 – \$130/month for 5 months (Aug-Dec)

Teen & Senior Companies:

\$250 Administration Fee

\$200 Costume Fee - 2 costumes

\$600 Competition Entrance Fees - **4 competition entry fees for two numbers**

Total: \$1,050 – \$210/month for 5 months (Aug-Dec)

CC Warmups – (we will send you links that you can order directly from Amazon)

Required: leggings – between \$18-\$25

Optional: Tank top, leggings, and shorts – between \$50-\$70 total.

Optional Items

\$40 Team Pants

\$90 Team Jacket (Required – same jacket as PC)

\$45 Tote w/logo and name

Please Note: You will be responsible for providing your own performance dance shoes, tights, make-up (per a specific team make-up list), etc.

Fundraising

We do 2 fundraisers a year. One at Recital and The Nutcracker selling flowers and concessions. Those who participate split these funds which go toward their company fees and convention fees. Please note the convention fees are not included in the above fees.

COMPETITIVE AUDITION SKILLS AGES 8-11

Skills should be demonstrated with a high level of ease, confidence, and technique. Dancers must exhibit high showmanship, energy, musicality & rhythm. Also expect to learn choreographed combo and perform in groups.

1. Splits
2. Lindy, back ball-change
3. Jazz walks
4. Jazz walks traveling side (Step cross in front)
5. Chaine' turn series.
6. Pirouette (Double preferred)
7. Step ball changes
8. Running posse jumps
9. Battement kicks
10. Split leap
11. Stag leap
12. Center leap
13. Arabesque at center floor
14. Attitude at center floor
15. Pique at center floor
16. Fan kick
17. Cartwheel
18. Leg hold stretch
19. Sauté' arabesque
20. Improvisation

COMPETITIVE AUDITION SKILLS AGES 12-18

Dancers should be prepared to demonstrate any or all skills listed above plus:

1. "Off Center" movement (contemporary style)
2. Contraction
3. Leg hold stretch
4. Piques across the floor
5. Pique corners (changing spot)
6. Sauté' arabesque
7. Center leap
8. Switch leap
9. Chaine', attitude pitch to floor
10. 6:00 stretch. One leg on floor, opposite leg pointing straight up in air.
11. Calypso (straight leg, bent leg)
12. Double pirouettes turn (triple preferred)
13. Double coupe' pirouette (triple preferred)
14. Consecutive Fouetté' Turns (passé & a la second)
15. Allusion
16. Turning disc
17. Cartwheel
18. Shoulder rolls
19. Floor work: back rolls, split rolls
20. Handstands
21. Comfortable partnering
22. 30 Second wall handstand
23. Improvisation

Responsibilities, rule, and regulations of a Competitive Team member

1. Each dancer will be expected to be an active, committed and involved team member. Team members are always expected to act professionally and respectfully since they will be representing Allegro Dance Studio.
2. Dancers should be at each rehearsal and know that attendance and focus at rehearsal is mandatory. If a rehearsal is missed close to performance time, the dancer will not be allowed to dance at the upcoming performance.
3. Be on time for classes. Dancers are expected to arrive a few minutes before class time to prepare.
4. To participate in rehearsal dancers must always be in the proper attire. Black leotard or with black dance pants/capri or black unitard. Performance footwear and hair pulled back off their face in a ponytail or bun. If dancers are not in the proper dress for rehearsal, they will have to sit and watch.
5. If a dancer is ill, injured or otherwise unable to participate in a class they may still attend and sit and watch. If they are running a fever or if they are contagious, we ask that they stay home to help speed their recovery. Please call the studio or email us at allegrodancer@canby.com to notify us his or her absence.
6. Credit will not be given for missed classes. If we cancel a class, we will make it up prior to the end of the season in June.
7. Team members must maintain their personal appearance and level of dancing skill upon which their selection to the team was based.
8. Each dancer will pay their costume/rehearsal fee by set date. Team members and parents are aware that additional shoes, tights, hair accessories, make-up and travel will be the responsibility of the dancer.
9. Costumes are not to be worn in any public establishment or during rehearsals, except when directed to by the coaches. Each team member will be responsible for their costume and need to replace it if it gets lost or stolen.

Performance Information

1. Information to parents and dancers will be distributed via email, through handouts and posted under the performing company page on Allegro's website (www.allegrodancer.com)
2. Announcement of performances will, whenever possible, be announced at least two weeks in advance. Since we know that our parents and dancers maintain busy schedules, we will work hard to avoid last minute performance announcements. However, please bear with us if we receive and accept a last-minute request to perform that we feel would be fun and beneficial to the dancers.
3. Transportation to and from performances will be the responsibility of the member and his/her parents. We will provide a roster/phone list to all members so you can work with other parents to arrange carpooling, etc....
4. As our choreographers work hard to prepare the dancers for performances, we ask that once a dancer has made a commitment for a performance that they please follow through with it (illness being the obvious exception).
5. Members must arrive at the performances as directed; this allows adequate time for changing into costumes, stretching and warm-up. Members shall always be on their best behavior when associated with Allegro Dance Studio.
6. **To perform at any upcoming performances, members must attend the rehearsal immediately prior to that performance.**