

PERFORMANCE HAIR GUIDE

This guide is based for classes that are putting their hair up into a ponytail, snood or bun.

1. Heavily apply gel or lightly dampen dancer's hair.
2. Brush hair and bangs straight back away from face.
3. Heavily gel bangs, wispy hairs and hair at base of neck. Brush hair into a smooth ponytail at a 45-degree angle from chin, applying additional gel as necessary.
4. If your dancer's hair will be going from snood to ponytail or vice versa, please complete step #5. If your dancer will only be wearing a bun or snood, then proceed to step #6.
5. Using curling iron, curl ponytail into soft curls. If your dancer's hair will not hold a curl, you may want to try Biolage Thermal Active Setting Spray.
6. If you have a snood headpiece, firmly clip it in at the base of the ponytail. Gently push the hair into the snood. Try not to loosen curls if applicable. If snood is loose, add nylon or netting the color of your dancer's hair to fill vacant space.

If you are forming a bun, there are many different methods that are equally feasible. You can choose from bun formers to braiding. I will explain braiding method: Braid the ponytail and wrap it around base of tail. Place hair net over bun by crisscrossing it back and forth to add stability. Bobby pin hair securely into place. Ask dancer to shake head. Ask if anything feels loose. Pin in that area.

7. Heavily spray entire hairdo. Bring supplies to performance for touchups.
8. It is important to have hair out of face to provide the dancer with a clean look on stage. This may look harsh up close, but from the audience, it will look great!

This guide is based for hair ½ up – ½ down and going to a snood or vice versa.

1. Follow steps 1 & 2 from above.
2. Heavily gel bangs and wispy hairs back away from face. If your dancer will be leaving bangs down, curl them up and out of their eyes.
3. Part hair across the crown of head. Brush front part into smooth ponytail high on the back of the head, applying additional gel as needed.
4. Follow steps #5 and #7.
5. When transferring to a snood, leave original ponytail in. Add a second ponytail catching all of the additional hair that was left down. Attach snood at base of second ponytail. Gently push that hair into the snood. Try not to loosen curls. If snood is loose, add nylon or netting the same color as dancer's hair to fill the vacant space.
6. It is important to have hair out of face to provide the dancer with a clean look on stage. This may look harsh up close, but from the audience, it will look great!